



AYSO Region 624 Referee Course

Modules 9 Stopping Play & Restarts



Stopping Play

“Soccer is a game that flows. Play is continuous unless the referee stops play or the ball goes wholly outside the boundaries of the field.”



Dealing with Injury

- In younger players' games it is important that the referee take immediate, pro-active corrective measures to prevent injuries and when injuries occur, ***stop the game immediately.***
- Play is restarted with a "Dropped Ball" if play was stopped solely for the injury.
- If a player is bleeding, they must leave the field immediately for treatment and may not return until the bleeding is stopped and the wound is covered.
- Blood on the body or clothing must be neutralized with a disinfectant and/or the clothing replaced.
- Referees should never touch players or render aid.



Ball out of play

- The ball is out of play when it wholly crosses the goal-line or the touch-line, whether on the ground or in the air.
- The referee should only blow the whistle when necessary. In most instances, players know when the ball is out of play and will proceed to the appropriate restart without a whistle.
- Play is restarted with a goal-kick, corner-kick or throw-in depending on the circumstances.



Penalty Kick

- A penalty kick is awarded against a team that commits one of the ten penal fouls inside its own penalty area while the ball is in play.
- The location of the infraction, not the ball or where a player falls, determines if it's a Penalty Kick.
- Additional time is allowed for a penalty kick to be taken at the end of each half or extra time.
- The ball must be kicked forward.
- The defending team may switch the keeper with another player on the field with referee permission.



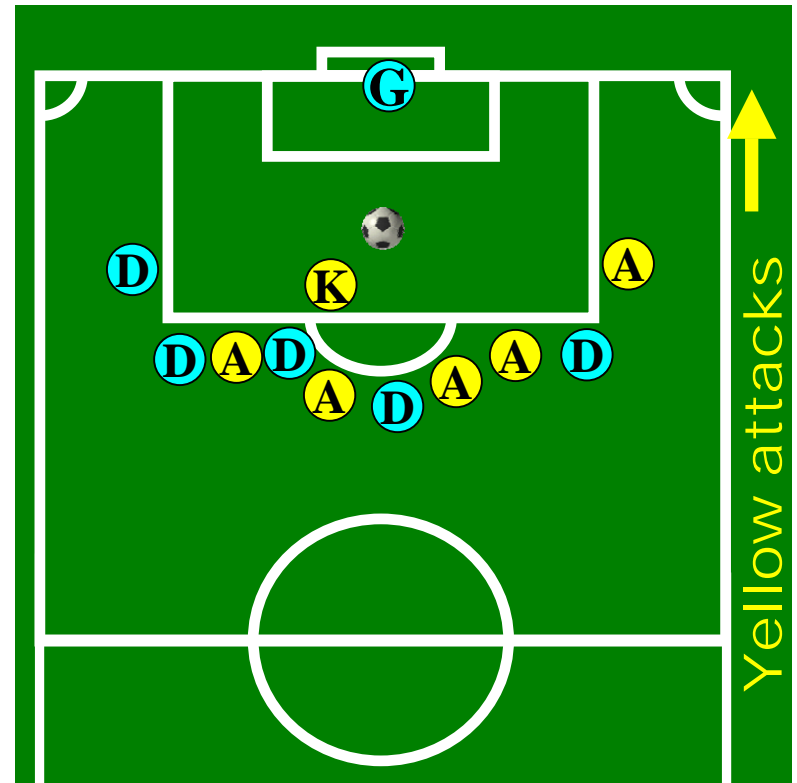
Penalty Kick (PK) Procedure

- Any player on the field can take the PK.
- The referee should identify and have the player taking the PK place the ball on the penalty mark.
- The goalkeeper must be on the goal line between the posts and may only move between the posts until the ball is kicked.
- The ball must be kicked forward after the referee signals for the kick to be taken.
- The kicker may not play the ball again until the ball has touched another player.

Position of Players

The players other than the kicker and keeper must be:

- On the field of play;
- outside the penalty area;
- behind the penalty mark;
- at least 10 yards from the penalty mark.
- Players may not enter the penalty area or inside the arc until the ball is kicked.



U10 PK distances are reduced slightly.



Penalty Kick Infringements

If the *team taking* the penalty kick infringes on the Laws of the Game:

- The referee allows the kick to proceed.
- If the ball enters the goal, the kick is retaken.
- If the ball does not enter the goal, the kick is not retaken.
- If the ball rebounds off the keeper or goalpost and is touched by the offending team, the referee stops play and restarts with an indirect free kick for the defending team.



Penalty Kick Infringements

If the *defending* team infringes on the Laws of the Game:

- The referee allows the kick to proceed.
- If the ball enters the goal, a goal is awarded.
- If the ball does not enter the goal, the kick is retaken.

If both teams infringe on the Laws of the Game:

- The kick is retaken.

Indirect Free-Kick



- An indirect free-kick must be touched by another player (either team) before a goal can be scored.
- To signal an indirect free-kick, the referee holds one arm vertically straight up in the air until the ball touches a 2nd player or goes out of play.
- Other than the points above, indirect free-kicks have the same restrictions and requirements as direct free-kicks.



Restart Quiz

#1

What are the two restarts that require the ball to move forward?

Kickoff and Penalty Kick

What is the restart if the penalty kick is kicked backwards?

The penalty kick must be retaken.

What is the restart if the kick off is kicked backwards?

The kickoff must be retaken.



Restart Quiz

#2

A **Blue** attacker with the ball is going directly toward the goal with only one **Red** defender and the keeper between him and the goal. The **Red** defender grabs the **Blue** attacker just outside the penalty area as the keeper runs up and grabs the ball inside the penalty area.

The restart is a direct free kick for the Blue team.

The **Red** defender should also be *sent off* for denying an obvious goal scoring opportunity.



Restart Quiz

#3

A **Red** attacker takes a shot on **Blue's** goal. As the ball is on its way into the goal, a dog runs onto the field and deflects the ball. Despite the dog's attempt to play the ball, the ball enters the goal.

The restart is a _____ for the _____ team.

Play should be stopped and restarted with a dropped ball at the point where the interference occurred.



Restart Quiz

#4

A **Blue** defender attempts to kick the ball out of his own penalty area up the field. The defender miskicks the ball which deflects to the **Blue** goalkeeper who picks up the ball with his hands.

The restart is a _____ for the _____ team.

Play should not be stopped. The ball was not deliberately kicked to the goalkeeper.



Restart Quiz

#5

Which restart is the only restart that a referee must extend the duration of the half so it can be completed before blowing the whistle and ending the half?

Penalty Kick



Restart Quiz

#6

A **Red** player takes a throw-in that goes directly into the **Blue** team's goal without touching another player.

The restart is a goal kick for the Blue team.



Restart Quiz

#7

A **Red** attacker takes a hard shot and the **Blue** goalkeeper makes a diving stop. Although the goalkeeper stopped the shot and is still holding the ball, he appears to be injured and remains on the ground for more than six seconds.

The restart is a(n) _____ for the _____ team.

A dropped ball with only the keeper would be the fair restart.



Restart Quiz

#8

The referee accidentally blows the whistle and instantly realizes the mistake. The players have not yet stopped or slowed down. What should the referee do?

Play should be restarted with a dropped ball.

Why wouldn't it be a good idea to yell "play on" and allow play to continue?



Restart Quiz

#9

A **Blue** player attempts to head a ball below waist level as a **Red** player attempts to kick it.

The restart is a(n) indirect free kick for the Red team.



Restart Quiz

#10

A **Red** defender impedes a **Blue** attacker just outside **Red's** penalty area. An indirect free kick is awarded to the **Blue** team. The referee fails to raise his arm to indicate that the kick is indirect and a **Blue** player kicks the ball directly into the **Red** goal.

The restart is a(n) _____ for the _____ team.

The free kick retaken because of the referee's mistake. The initial indirect free kick, is not nullified by the referee's mistake.